



SOUND FIELD

6 Sept – 6 Oct 2019: 11.00am – 9.00pm

'Sound Field' is an immersive, interactive and experimental installation aimed at raising awareness of the role of sound in urban design and to simulate what it might feel like to live with dementia. A soundscape of Singapore city has been created, ranging from the home environment to public spaces, where it is possible to study how sounds may become disorientating and confusing. 'Sound Field' is a collaboration between ARUP and BLOXAS Architects co-presented with DesignSingapore Council, as part of the Enabling Festival 2019 at the National Design Centre.

ROCKING CHAIR THERAPY - A MOTHER'S CRADLING ARMS

6 Sept – 6 Oct 2019: 11.00am – 9.00pm

Rocking chair therapy has a positive effect on the mental and physical well-being for persons with dementia. It also improves the quality of life and contributes to a calmer environment for persons with dementia. The rocking chair therapy also proved to be a promising innovative method for improving quality of life for care facility residents.

SILENT DISCO - CLOSING PARTY

8 Sept 2019: 5.30pm – 7.00pm

It can be weird yet liberating, immersive yet euphoric. But it isn't imposing, which makes it quite possibly the coolest thing ever. Put on a special pair of noise-cancelling headphones and gather with others who have done the same. Individually you can tune into one of the multiple channels - with specially curated playlists of yesteryear. Join us in this silent tea dance.

DESIGNATHON WE ENGAGE 2019

31 Aug – 1 Sept 2019

Designathon We Engage 2019 looks to empower the community to come together to design for dementia! The event brings together designers, developers, entrepreneurs, students, caregivers, healthcare workers and social service providers to collaborate and identify design solutions for persons with dementia and their caregivers in Singapore.

To register for the various activities, please visit: <http://enablingfestival2019.eventbrite.com/>

| | | Fri, 6 Sept 2019 | | | Sat, 7 Sept 2019 | | | Sun, 8 Sept 2019 | | |
|---------|---------|-----------------------|--|---|--|--|--|--|---|--|
| From | To | Enabling Room Level 1 | Atrium (Open Space) | Auditorium | Enabling Room Level 1 | Atrium (Open Space) | Auditorium | Enabling Room Level 1 | Atrium (Open Space) | Auditorium |
| 10.00am | 10.30am | | | | | | Film: The Enabling Festival SHORTS 2019 | | Talk: Symphony of the Mind (Mandarin) | Film: Sandcastle (沙城) NC16 (English) |
| 10.30am | 11.00am | | | | | Workshop: Relax, Rejuvenate and Heal (English) | Film: Recipe (回味) PG (Mandarin with English Subtitles) | | | |
| 11.00am | 11.30am | | | | Theatre: Forget Me Not - An Archival Theatre of Almost Forgotten Stories | | | Theatre: Forget Me Not - An Archival Theatre of Almost Forgotten Stories | Talk: Will writing (Mandarin) | Film: The Enabling Festival SHORTS 2019 |
| 11.30am | 12.00pm | | | | | | | | | |
| 12.00pm | 12.30pm | | | | Sound Field | Workshop: Ukulele Jukebox (English) | Talk: Challenges faced by caregivers of person with dementia (English Malay) | Sound Field | Theatre: 三字经 3 Words, Repeat. | |
| 12.30pm | 1.00pm | | | | | | | | Talk: Importance of Financial Planning for Caregivers | Workshop: How Am I Forgetting? (English) |
| 1.00pm | 1.30pm | | | | | Theatre: 三字经 3 Words, Repeat. | | Theatre: Forget Me Not - An Archival Theatre of Almost Forgotten Stories | | |
| 1.30pm | 2.00pm | | | | | | Workshop: How Am I Forgetting? (English) | | Theatre: 三字经 3 Words, Repeat. | Workshop: Ukulele Jukebox (English) |
| 2.00pm | 2.30pm | | | | Theatre: Forget Me Not - An Archival Theatre of Almost Forgotten Stories | Talk: Lasting Power of Attorney (Malay) | | Sound Field | Talk: Understanding Dementia and Creating a Safe Home Environment for Persons with Dementia (English Tamil) | Talk: Symphony of the Mind (English) |
| 2.30pm | 3.00pm | | | | | | | | | |
| 3.00pm | 3.30pm | | | | Sound Field | Theatre: 三字经 3 Words, Repeat. | | Theatre: Forget Me Not - An Archival Theatre of Almost Forgotten Stories | Theatre: 三字经 3 Words, Repeat. | |
| 3.30pm | 4.00pm | | | | | | Panel Discussion: Dementia in Art & Film (English) | | Talk: Will writing (English) | |
| 4.00pm | 4.30pm | | | Talk: Nüwa Connect @ Enabling Festival 2019 (English) | Theatre: Forget Me Not - An Archival Theatre of Almost Forgotten Stories | | | | | Panel Discussion: How can Music and Sound help in the Caregiving Journey (English) |
| 4.30pm | 5.00pm | | | | | Talk: Music & Sound In Caregiving (English) | | | Talk: Dementia, Hearing and Sound | |
| 5.00pm | 5.30pm | | | | | | | | | |
| 5.30pm | 6.00pm | | | | | Theatre: 三字经 3 Words, Repeat. | | | | |
| 6.00pm | 6.30pm | | Enabling Festival 2019 Opening Ceremony (By Invite Only) | | | | | Sound Field | | Party: Silent Disco Closing Party |
| 6.30pm | 7.00pm | | | | | | | | | |
| 7.00pm | 7.30pm | | | | | | | | | |
| 7.30pm | 8.00pm | | | | | | Film: A Fish out of Water (上岸的鱼) PG (Mandarin with English Subtitles) | | | |
| 8.00pm | 8.30pm | | | | | | | | | |
| 8.30pm | 9.00pm | | | | | | | | | |
| 9.00pm | 9.30pm | | | | | | | | | |
| END | | | | | | | | | | |